

# Can psora be cured?

the forum

By Maria Jevtic

If psora is the separation of yin and yang, can it be eliminated by reunification of these two aspects of the human experience? As a holistic health practitioner, I have for a while been drawn to exploring the origins and evolution of chronic disease and I went back to the beginning of the human experience, to try to explore the question.



If psora, standing for chronic disease *per se*, is the separation of yin and yang, can it be eliminated by reunification of these two aspects of the human experience? Geoff Johnson in his most excellent essay "Remedies of our Age"<sup>1</sup> suggests that radioactive remedies of row seven may achieve this. The idea, as I understand him, is that because these substances in their crude form are capable of the ultimate destruction of Gaia, they must by default be able to bring about a prevention of this scenario once diluted and succussed. As part of his discussion, Geoff asks the question whether preventing the destruction of Gaia in this way could possibly lead to the ultimate cure – the cure of psora, the cure of chronic disease as such, once and for all. As I understand him, he feels that the unification of science and spirituality, yin and yang, would be one of the prerequisites for achieving this, and that the row seven radiocative remedies may have metamorphic qualities of the kind necessary to bring about this new consciousness.

As a holistic health practitioner, I have for a while been drawn to exploring the origins and evolution of chronic disease<sup>ii</sup>. I therefore find Geoff's contribution most intriguing and set out to explore whether the cure of psora is indeed possible. To do this I went back to the beginning of the human experience.

To start with, I agree that psora could be described as a splitting apart of yin and



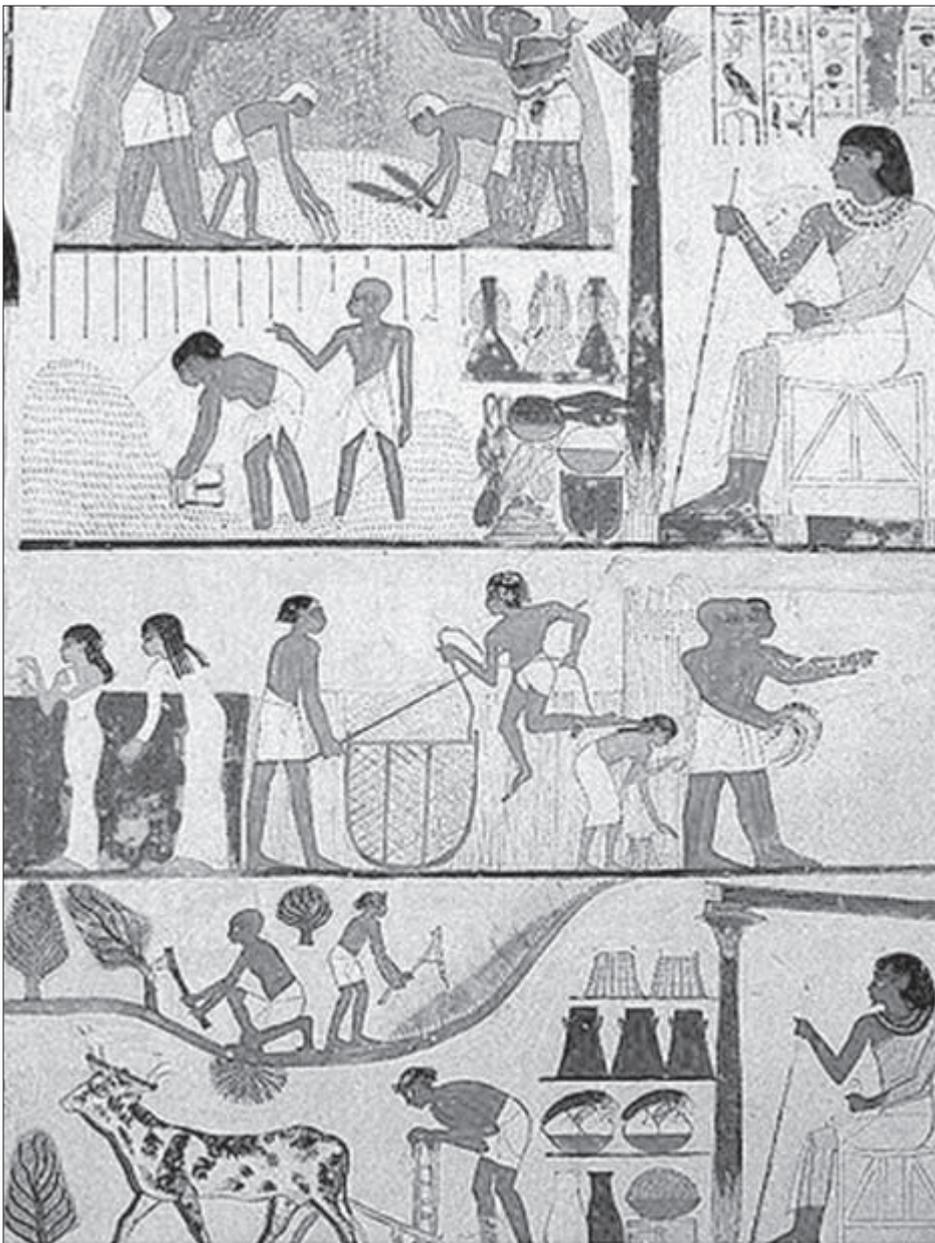
yang. But what does this mean?

Yin and yang stand for opposing yet complementary aspects of our human experience, such as male and female, night and day, war and peace. When we describe these aspects, we are asking "what?" This is a good question, but it only helps to describe a situation and does not deepen the understanding of it. To understand psora, we MUST ask "why?" Why do we have a split between the two? Once we can answer this

question, we open the path to curing it. We cannot cure by only describing it. We must find the cause too. Are we not homeopaths?

The reason for the splitting of yin from yang is so simple that we do not recognise it. It is simply that we are human and not animal. Animals (and I mean all animal kingdom members) have no choice but to trust nature to provide. In fact they do not even trust; terms such as trust and mistrust, good and bad, yesterday and tomorrow, happy and sad do not apply. An animal has feelings, yes, but these do not impinge on its behaviour beyond what it has been programmed by evolution to do. This is to ensure the survival of the species. Animals always do what is required to ensure the survival of the species. Their individual emotions and preferences are overridden by this governing principal. Their existence is the perfect embodiment of yin and yang harmoniously complementing each other. The disaster of death enables the miracle of life to continue as the deceased animal feeds a multitude of organisms with its rotting remains. Without doubt, therefore,

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Agricultural scene from the tomb of Nakht, 18th Dynasty Thebes © Wikimedia

animals are firmly bound to nature's laws.

Nothing could be further from the truth for a human being. As human beings we live in limbo, suspended between the ultimate dependence on nature and the desperate wish to completely separate all ties to it. Nature ultimately provides yet constantly threatens our existence by drought, flood, storm, limited resources etc. We live in fear that one day we will run out; run out of food, shelter, oil, love... In our darkest moments we even envisage apocalyptic scenarios such as the collapse of our sun or a meteorite impact splitting our mother Earth into two. Animals cannot go this far in their minds. Humans will, just because they can.

But is it this fear alone which makes us sick, as many seem to believe?

If all it took was anxiety to push us over the edge into chronic disease, then why until recently were there original hunter-gatherer societies untouched by chronic disease?<sup>2</sup> Since they too are human, they must be anxious to some degree. But still they are not sick. Have these people been immune to chronic anxiety all this time, when the rest of us have fallen victim to it on a miasmatic scale? Looking at it this way, we need to question whether it was indeed the original (psoric) anxiety that caused the downfall. But what else might it have been?

The answer is that what made us sick was not anxiety alone, but indeed the behaviours

we engaged in or actions we took in order to compensate for it.

What were these compensatory behaviours and actions that brought chronic disease into our experience of life? We need to go back and again look at animals for comparison. What are the only two evident and crucial differences between a wild animal and a human being that may explain the discrepancy in their state of long-term health?

**The first is the ecological niche.**

Every animal inhabits the ecological niche it has evolved to be perfectly adapted to. Once the niche is destroyed, the survival of the species is under threat. An example would be the giant panda. No more bamboo, no more panda.

The second crucial difference is that the animal cannot compensate outside the framework of evolution. In other words, the panda would have to wait many thousands of years to adapt to a different diet, but in many instances, before it has a chance of getting there, it has become extinct. Human beings, however, are able to adapt quickly to ensure immediate survival. They do this by using what some may call superior brain power. When human beings are threatened with a destruction of their ecological niche, they adapt to it by simply changing their actions outside the framework of Darwinian evolution. A human being has a large variety of options and choices, whereas an animal has only few.

We know that within the period of 13000 - 5000 years ago the human species chose to leave its original niche for good and opted for grains and animal husbandry instead of hunting and gathering. This set into motion the rollercoaster of human social evolution<sup>3</sup>. With it, we experienced ever-deepening states of disease, mental, emotional and physical<sup>4,5,6,7</sup>. Interestingly, it was not the act of becoming human that made us sick (humans had existed for roughly 1.5 million years before this point), but the abandoning of our unique evolutionary adaptation.

Going back to the idea that as soon as the light bulb went on (and we became human as opposed to remaining animal) we immediately experienced anxiety, we can now safely say that human beings must have been anxious for at least a good million years before they got chronically sick! Chronic disease originated with the change of life-

style that ensued by living through the agricultural transition, but not before. Present day hunter-gatherer societies are living proof of this<sup>7</sup>. Yes, it was the original anxiety that fuelled the agricultural transition, but the anxiety itself did nothing to our physical body at that stage. It took a compensatory action on a massive, collective scale that was sustained for many generations, before humanity begun experiencing sickness that never disappeared but stayed and killed the individual in the end. Part of the disease process was of course emotional disease, but to the far greater part this was a result of the exit from our ecological niche and not the reason for it.

Interestingly, leaving the ecological niche that we had evolved to inhabit and were perfectly adapted to, enabled the species to survive, but caused insurmountable health problems for the individual. The original human lifestyle was that of a hunter-gatherer. Not all detail is known, but logic dictates that our adaptation is still to such a lifestyle only. This is because genetically we are the same homo sapiens as we were then<sup>8</sup>. Nowadays, almost all main aspects of the life we are genetically programmed to live, including interval exercise, un-processed meat, vegetable and fibre intake, intermittent fasting, bare-foot walking, low number of pregnancies, intense light and sun exposure, negligible radioactive, heavy metal and chemical pollution, have been abandoned. Even the calmest, most confident and trusting individual would have become chronically sick from metabolic disease if they changed as little as just one aspect, such as perhaps altering exercise to resistance type only (from predominantly aerobic) , or changing calorie intake from grains from 0% to 70%. After such changes it may have been possible to stay healthy for many years, but eventually disease would have ensued.

Thus in my eyes, psora was caused by human beings separating themselves from their natural ecological niche. This was a collective action taken by a critical mass of individuals on a long-term basis. Everything we have seen since is just a consequence of the original exit from paradise<sup>9,10</sup>.

Going back to the beginning, I therefore interpret the split of yin from yang as the desire to separate from nature, to eliminate our dependency on it. Of course we have not quite arrived at this ultimate goal, but the continuous and desperate struggle to

achieve it is what psora stands for.

Can we cure psora with homeopathic remedies? I have doubts. If psora is caused by leaving the ecological niche, then we can only cure it by going back to this fabled place. This assumes we know what exactly this niche is. Even if we did (and I believe the hunter-gatherer idea is the most likely scenario), could we actually go back?

Of course not. Or at least not with our physical bodies. The environment we need to support our evolutionary adaptation has been destroyed. We are also too many now. We have left paradise for good. We cannot cure psora in the individual, not even with a homeopathic remedy.

But perhaps we could put it to sleep bit by bit, from generation to generation, hoping that improving the experience of a number of individuals will have positive ripple effects. We could use our newly found insights about the original human lifestyle to bring about similar conditions and we can use healing arts to help us further. This healing would initially be limited to the individual it is applied to, but would produce healthier offspring to a degree, depending on how much other aspects improve (such as pollution). Healthier people should be inspired to change the world for the better, this is true. So perhaps we could get back to a purely psoric state and not one muddled up in syphilis, tuberculosis and cancer. This alone would be an enormous achievement. But how long would it take? Do we have enough time before Gaia is destroyed?

For argument's sake let us engage in some maths. Psora has been around since the agricultural transition, so let us take a figure of 10000 years. If we rather arbitrarily assume that it takes one month to cure every year of sickness, we would need 10000 months to cure humanity. 10000 months translates into 834 years. But this would assume that we made a start with

everybody right now and that we instantly changed every detail of our lifestyle back to our evolutionary adaptation (again assuming we knew what exactly this was) and kept it there. Of course, this is impossible. It would therefore take far longer and, if possible at all, it would take constant vigilance. This is because a half-cured person is still subject to the same human thought processes that allowed miasms to deepen in the first place! Temptation would be lurking at every corner and would pull many people back. We are therefore faced with a task that seems unlikely to ever reach completion. We might say that we need a miracle; a row seven remedy on a collective scale? Or perhaps a global nuclear disaster which would in very minute doses deliver just enough similar disease energy to all surviving individuals to change their consciousness for ever? A terrifying thought.

Perhaps the resurgence of spirituality we are witnessing in these times, or the metamorphosis of spirituality to a more individual, almost neo-pagan type, shows that people - sensing the physical path is blocked - are instinctively drawn towards finding their way back to "paradise" through the spiritual path. Yes, the original ecological niche has been lost forever, but can we find what we are looking for somewhere else? And might this actually be what we went looking for in the first place when we started off on our journey from cave to computer?

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#### FOOTNOTES

<sup>[i]</sup> We need to be careful here. We are talking of a splitting apart of yin and yang, a rift which is detrimental. The true meaning of the symbol is the existence of yin and yang **alongside** each other in a special co-dependent state. Yin and yang coexist **as well as** alternate at any given time. Ideally, there is therefore no split.

<sup>[ii]</sup> I refer to my manuscript *From Cave to Computer* which describes how the evolution of miasm is inextricably linked to social evolution. Copyright Maria Jevtic (2011)